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Adv. Foods adventures and what not: Cooking food that warms one's stomach

# the Maritimes

Narragansett High School

Narragansett High School's student newspaper since 2008.

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Page edited by Giana Pella

## Seniority rules in spirit week?

by TAYLA FAY reporter

In a stunning turn of events the junior class was announced the winner on the final day of spirit week.

However the Monday after the junior class was called to the auditorium for an emergency assembly.

Once there Student Council Advisor Mr. Schroeter announced that there had been an error in the final calculations of the spirit week winner.

In fact the senior class had been the true winners.

Schroeter apologized to everyone for the confusion, but said it was just an hon-

est mistake in adding up the total points won by both classes.

Tensions will be rising between the seniors and juniors as the news leaks of the actual winner.

"I've been doing it for so many years now, and I just ended up making an adding mistake. I feel bad about

the mix up." Schroeter said on the issue.

But how do the students feel about this unfortunate blunder?

Junior Alison Rugg has mixed feelings on the subject.

"I was mad at first but then realized it wasn't his fault and it was just a mis-

take." Rugg said.

Kiernan Lewis, junior, was also willing to share her thoughts on the matter, professing a disdain for the entire situation.

"It was silly of him (Schroeter) to recount after

see SPIRIT, p3

## Senior paper causing stress for all involved

by SEAN MURRAY reporter

The senior paper, one of the hardest papers in the class's high school writing careers, was finally due last week, November 12<sup>th</sup>.

The paper was a big part of the senior project and consumed many hours of the student's time, with a long and difficult process. Many students struggled and required a lot of assistance.

"They are reluctant to get started, but they pick up speed by the writing process," Davia, English, said. The process includes starting with research, note cards, then eventually working their way to Pie paragraphs. The seniors had 4-5 weeks to complete the paper.

They had to write a total of 41 note cards before they could even start writing.

When they could actually start typing, it had to be a total of 6-12 pages. luckily for Davia, the entire English department is working on it with her. "There is no easy part [in this process]," Davia said.

Some of the students had their own opinions on the senior paper.

It was difficult but when they broke it down, it became easier. Some students say they had easier topics than others, so a lot of seniors have different opinions on how it went.

It was hard for some people to get a topic for the research paper because you had to find a topic that

see SENIORS, p3



## Girls crowned D-III champs

by KIERAN KENNY reporter

Since the school has started the lady soccer team has only won a single state championship, in 1988. But the lady mariners captured their second this past Sunday at Rhode Island College.

The mariners edged out Middletown 1-0 in the division III championship

game to bring the school its first state championship of the year.

The Mariners and the Middletown islanders have played each other already twice in the regular season and it took a third and final game to determine who was best. In their first meeting both teams played to a tie 1-1 and the second time they met the teams also drew

to a tie 3-3.

However championship games cannot end in a tie so both teams knew coming into the game one of the teams was going to be crowned state champions, and Sunday night was the mariners night.

The game was basically a defensive exhibition as the lone goal scored by

see CHAMPS, p3

## FFA trouble in Indianapolis

by BRITTANY BUTLER reporter

Farmers and others in the agriculture field often run into problems, such as pests and diseases in the crops, poor growing conditions, droughts, and other such problems.

This year, however, the problem this year was very unique – the props for the Rhode Island state booth at the 2010 FFA Convention in Indianapolis, Indiana, somehow ended up in Massachusetts. Each booth in the Hall of States, where all 33 of the state booths were, had to be carefully designed.

It was clear that no booth was slapped together at the last second and without much thought. The Narragansett FFA chapter designed and ran the state booth, an honor that the Narragansett chapter seems to have always had.

On designing the booth, Mrs. Ashworth, science and agriscience teacher, honorary FFA member, and co-advisor for the Narragansett chapters, said, "You're not just attending (the convention). You're belonging in it."

see FFA, p3

## Juniors transcend at Walden pond, almost too much

by TAYLOR AYOTTE reporter

Thursday, October 28<sup>th</sup>, juniors from Narragansett High School traveled the path of the Transcendentalist in visiting Walden Pond.

As part of the American Literature class, students read an excerpt from Henry David Thoreau's essay, "Walden", an essay which chronicles the author's experience living in

see WALDEN, p3



# NHS band provides sounds of the season

by DAVID MENZIES  
reporter

The Mariner band is set to prepare for the upcoming Holiday Concert on Wednesday, December 15, 2010. A week after the completion of the preview concert, the band started preparing for the Holiday Concert next month.

Dan Healey, band director, said, the most challenging aspect is the short rehearsal times. The band is definitely challenged due to the days off in November. It is also challenging for the band to prepare as they are also attending football games and parades.

The Mariner musicians performed a preview concert which was set to get the band and chorus more comfortable with the setting and getting used to the pressure. "It is good to get done early," Healey said.

Healey is looking forward to the Holiday concert as it should contain the biggest draw of people. "This will be the first concert that the beginning guitar classes will perform in," Healey said. "The music in this

concert is more fun music."

Spectators will have the opportunity to listen to a variety of tunes at this concert including the challenging song *Sleigh Ride* by Leroy Anderson. This should be performed by the Concert band.

The Jazz band has a variety of songs to be played as well. *Family Guy* will be played again at this concert as well as a *Big Band Christmas* by Carl Strommen.

The Jazz band will also be performing Morgan Lewis's *How High the Moon* and Vince Guaraldi's *A Charlie Brown Christmas*. "What I really like about the Holiday concert is that everyone comes out to this concert; it is a community event. We team up with the pot luck dinner and we play music that's entertaining," Healey said.

"The Holiday concert will be a great concert to see the band for the first time. There's going to be a lot of Holiday music and it is a great one to bring kids to," Mr. Healey said.

Matt Carter, sophomore trumpet player, is looking



forward to the winter concert. "I like Christmas tunes," Carter said, "it should be a lot of fun and the Jazz band should be great."

A lot of practice is what the musicians will need in order to be successful at any concert.

"Practicing my part more than I have been recently," Carter said, "will probably

be the most challenging aspect to prepare for this concert." The concert band looks forward to playing *Trailblazers* by Victor Lopez. The band will perform *October* by Eric Whitacre for a future concert.

One can come see Carter and Healey perform with the Mariner musicians on Wednesday, December 15, 2010 at 7:00 p.m. in the

auditorium following the World Language Dinner at 6:00 p.m. in the Cafeteria.

"I hope everyone comes out to support the musicians, faculty members and students are always invited. We want people to come it will be a lot of fun for everyone," Healey said.

The admission fee for this concert will be \$5 for adults and \$2 for students.

## What's cooking in 600?

by ZACH CASEY  
reporter

Sizzle; sizzle as the oven door shuts. The class was making a roast chicken that they have stuffed themselves.

Kiani Carroll, senior, was placed into this class by guidance not knowing what she was getting into.

She has already baked and cooked many different foods such as stuffed chicken.

Carroll said, This class is easy as long as you concentrate and focus.

It benefits you in the real world because it can teach you how to grocery shop with coupons which helps you save money.

"It was colorful had a lot of flavor couldn't taste the pumpkin and we could go for seconds" Carroll said. She was describing the south western chicken pumpkin soup and couldn't express enough that she could go back for seconds.

"I suggest taking this course if you are looking to be a cook in your future" Carroll said.

"But even if cooking's not your future then still take the course to learn how to budget and you also get



time management skills which are key to any meal."

Ms. Archambault, faculty, is the Foods teacher and is pronounced fun and excited to help others learn about her love of cooking by her students.

She brings energy and creativity to the kitchen every day.

"She's very spunky and she enjoys what she does so she makes us enjoy it" Carroll said.

This explains what she is like in class and why so many people enjoy this class not to mention they get to eat as well but usually because of the teacher.

They have already started roasting chicken, making soups and pumpkin foods are just a few of the foods. There's even tastier foods planned for this quarter, it's nonstop cooking and evaluating sheets.

At midterms the kitchen will have a battle called

"Battle of the Kitchens" which is when judges come in and taste all groups' foods and determine a winner.

But the group must be prepared before going into the kitchen and fill out the whole foods lab worksheets and pick their recipe.

In order to take Advanced Foods you must have taken Basic Foods before.

Basic Foods teaches you on how to cook and measure foods while learning how to fill out the food labs and other handouts. Also you will acquire the skills of all positions in the kitchen, Cook, Manager, Assistant 1, and Assistant 2.

This class is enjoyable and you will learn much about the real world.

This class will stick with you throughout one's life because students will have to be able to feed themselves.

## Exploring world language

by MORGAN MCLAUGHLIN  
reporter

There hasn't been a lot of news coming from the Foreign Language Honor Society this year.

The group hasn't had any meetings yet in November because they are currently waiting for an advisor to take charge and the juniors are a little unsure of what is to come as new members.

"I have no idea what to expect," Gianna Tucker, junior, said. "I haven't been to, or even heard about any meetings."

Tucker agreed to become a member because she enjoys Italian as she is in her third year, and it wouldn't be hard to maintain a good grade in it because she likes it so much.

There is no specific work that one needs to do if one is a member, but you do need to keep your grades in the languages up.

To be a part of the Foreign Language Honor Society you must be invited.

This happens during the second semester of sophomore year based on the language grade.

The grade requirements are that students keep an A in your language class

for three semesters starting at freshman year.

"The biggest benefit in being on the Foreign Language Honor Society is that it looks good on your transcript. It sets you apart from the other students by showing that you have academic excellence," Mrs. Biafore, faculty, said.

Biafore, as the primary French teacher, has applied to be the advisor for the foreign language honor society this year and is still awaiting a response.

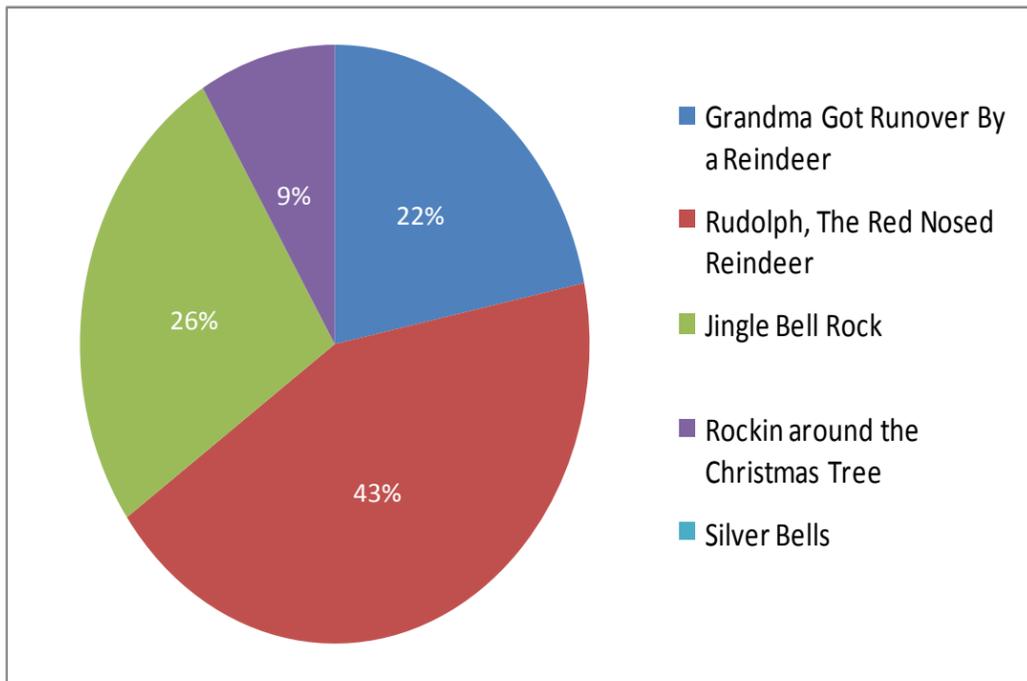
The meetings are quarterly and members are also required to attend the foreign language club events.

When someone is a member, they must tutor or peer help as community service.

"As of right now, we have no elected officials. But as we move forward there could potentially be some," Biafore said.

There is obviously a lot to be expected of this year for the Foreign Language Honor Society based on past accomplishments, but with responsibility comes reward: colleges will be on the lookout for these overachievers.

# Monthly Survey: Favorite Holiday Song



## Zabel, the rabbit slayer

by CHRIS MARSH  
reporter

Everyday innocent life forms are being hunted down and killed.

However, there is no law in place that protects these victims from the killers that silence them forever.

These victims are none other than cute little rabbits that happily hop on the property of Mr. Zabel, science teacher at NHS.

These cute little animals don't just hop around Zabel's property, they are kept in a cage in Zabel's basement.

Where could such a barbaric idea of eating domesticated animals come from?

Zabel learned this on his trip to Guatemala with the Peace Corps.

While on this trip, he taught civilians how to create a food supply to feed

the people in a civilization. "What we did in Guatemala was great. As a group, we gave lots of good information to the civilians on how to live with a reliable food source," Zabel said.

Once done with his trip to Guatemala, Zabel was not willing to forfeit the knowledge of domesticating and eating animals.

Multiple rabbits are contained in Zabel's cage and he is always looking to expand his eye opening habit.

"I have multiple acres of property in Charlestown and I am allowed to have around four rabbits per acre, so I could actually have many more rabbits if I wanted to on my property," Zabel said.

Also while in the United States, Zabel figured that with this prior knowledge, he would be able to teach

some of the people around him.

While Zabel's children and the rest of his family were on board with this idea, others were not so willing to understand and accept his idea.

Some seem to look at him like as a crazy animal killer. However, Mr. Breene, agriculture teacher at NHS, is willing to agree with Zabel. Like Zabel, Breene domesticates animals and eats them.

However, Breene keeps a wide variety of animals that includes turkeys and chickens.

Although this topic of raising animals and eating them may seem strange, many countries rely of this as a steady source of food.

Even some citizens of the U.S. have adopted this way of eating and Zabel is one of the biggest supporters of this idea.

### WALDEN

the wilds of Concord Massachusetts. On the trip students observed the natural beauty of this National park in an effort to better understand of what inspired Thoreau to bring pen to paper.

"The trip was a way for students to gain a better understanding of the environment which inspired Thoreau," Robert Shields, English teacher, said. "Hopefully students were also inspired by this experience."

While on the trip, stu-

dents were asked to jot down what they observed about their surroundings.

Thoreau was sometimes hard to understand. But being in the midst of what he was talking about in "Walden" they could see why he wanted to live there.

"It's pretty and relaxing and peaceful. It's helpful with my nature journal because it showed the real spot where Thoreau was and expanded my understanding of what to write," Giana Pella, junior, said.

The students were inspired by the beauty

around them. They saw a replica of Thoreau's house near the entrance of Walden. They could walk inside and see how he lived. As they walked down the paths they saw a rock pile where his original home stood.

There were park rangers there to talk to the students about Walden and explained why he would want to leave society and go into the woods to live for two years.

Over all students agree that the trip was a big success in transcendentalist thoughts.

### SPIRIT

wasn't his fault and it was just a mistake." Rugg said. Kiernan Lewis, Junior, was also willing to share her thoughts on the matter.

"It was silly of him (Schroeter) to recount after he had already announced the winner. It only added more tension to the situation."

The juniors were somewhat accepting of the news that the seniors were the winners.

But what were the seniors thoughts when the news had broken out that they

had won?

"It makes sense when I see the numbers, but I feel like the juniors still won because they won so many events." Senior Torrey Shea said. Shea also said that she felt like the juniors were still winners as far as events go but thought overall the seniors should have won the first time.

Senior Jamie Swanberg had a slightly different opinion on the matter. "I'm glad we won spirit week but I'm disappointed with the way we won. But people make mistakes."

### SENIORS

related to your main topic for your project. "It wasn't as hard as I expected, but it was mad hard and tedious," Brad Loomis, senior, said.

The students had a lot of help in the process.

The teachers gave them the extra help they needed.

Loomis had Mrs. Ditusa as his English teacher, and also had help from Mrs. Nardone.

They both seemed to be a lot of help for him. "Just do what you're supposed to do and get it done," Loomis

said. It was due November 12<sup>th</sup>, and the students are relieved. Many teachers can finally cool down, but they are very proud of their seniors. "It is the most valuable writing assignment students will produce in there [high school] writing careers." Davia said.

The seniors still have a lot of work to do though, for the senior project is still going strong. But they have come very far on their senior papers.

### FFA

The Narragansett chapter designed their booth in advance and shipped it via UPS - but their props ended up in Massachusetts, not Indiana.

"We put it on a UPS truck," said Ashworth. "It went to Indianapolis, and then never got taken off the truck and wound up back in Massachusetts."

When the 16 FFA members and their two chapter advisors arrived in Indiana, they realized that they were missing the props for their booth.

Ashworth tracked their packages and found they were in Massachusetts.

As the students, including Vinny Ballirano, senior, and Taylor Koski, senior and second-year Chapter President, stood by watching this event unfold and waiting for the next move, Mr. Breene, agriscience teacher and co-advisor for the Narragansett chapter, became highly stressed.

This had never happened before to the Narragansett chapter, and he wasn't sure what should happen next.

Ashworth however kept her cool.

With, only a few hours until the time they needed to open their booth, the 16 FFA students and their co-advisors re-printed pictures and hurriedly re-designed their booth.

The RI booth included a

map of the United States with a container of pins for attending FFA members, information on the Rhode Island state officers, pictures of Rhode Island agriculture, a lobster tank, Del's lemonade and coffee milk, and "chicken cluckers" that were made on the spot.

Ashworth watched the group get together and highlight each other's strengths.

Ashworth called losing the props "a blessing in disguise."

The props did make it to Indianapolis ... the night they were leaving. Easy come, easy go.

Julia Vincelette, senior, competed in the job interview contest.

Max Ragozinno, senior, won the extemporaneous speaking contest, in which each contestant is given a topic and fifteen minutes to prepare a speech about it.

FFA members also attended a concert featuring Lady Antebellum and Easton Corbin, which Ballirano said was his favorite part of the trip.

Ashworth, Ballirano, and Koski, agree that the downside to the trip was being constantly tired.

Of the five other chapters of Rhode Island, the only others who attended the convention were Chariho and Exeter-West Greenwich, making Narragansett's presence known at such a big assembly.



## LETTERS to the editor

**Question:** Last year I had an awful winter break and I don't want to make the same mistake this year. What are some good winter break activities to ensure a good vacation?

Sincerely  
-Bored in 'Gansett

Dear Bored in 'Gansett,

Everyone hates when they look forward to a vacation and they just end up not spending it how they planned. Don't miss out on opportunities this winter break, there are plenty of things to do!

Living in Narragansett, a beach community, people assume there is nothing to do in the winter. If you have interest in skiing and snowboarding, you have a chance to go around here! Head up to Yawgoo in Exeter, Rhode Island to have a great time tubing, skiing, or snowboarding!

Also around here is ice-skating, which is fun even if you are not good at it. Don't get discouraged at the somewhat difficult task of skating. It is still so fun to try it with your friends and have a unique out of the ordinary experience. There are locations all over RI such as; South Kingstown, Newport, Providence, etc.

No matter what season it is there are always good movies coming out. Although, with the holiday season comes holiday movies. Get in the spirit by snuggling in at home with some hot chocolate and classics such as; It's a Wonderful Life, Elf, The Rudolf Special, etc.

Also if you are looking for a night out there are a lot of movies coming out in theatres. Check your local theatre's website for showings. Whether it's a night in or a night out make it something to remember.

# School year passing by, let us not forget

by MATT PISTACCHIO  
editor

Winter is rapidly at our doorstep; claiming its victims in the forms of cold morning walks to the bus, chilling classrooms, and disgruntled children, as darkness succumbs the once sunny, playtime hour.

I cannot help but feel anxious at the speed of this school year; nay, the speed of this entire adventure we call high school.

It feels like yesterday I was lost and confused in the halls of this school, taking stock in all I saw, gazing in awe at the elegant train that greeted me on the way to gym.

I now walk the halls with a quickened pace, to sit in a classroom where minutes pass off as seconds, to play a sport where hours pass off as minutes, to do homework where assignments that once took days now encompass hours...

Then I stop and breathe. This is called sleep.

Thus this revolution begins again. I swear, at this pace I'll be off to college by Easter and off to grad school by May.

Time is all relative to how we perceive it, yet countless people undergo the "time flies by" syndrome as the date continues to speak volumes for the time that has passed; rather, the time that has been lost.

The only perceivable block of the academic schedule that seems to drag on in normal time is lunch, but that just might be from the absence of the once acclaimed recess.

Yet it is for all these reasons that I try to engage myself with my own memory, calling upon the transgressions of the past in order to construct a successful future.

If we choose to forget what we have done yesterday, we will have lost it.

People dedicate their lives to this concept; it's called history.

I want to always remem-

ber the mistakes I have made, despite how embarrassing they are and how much they haunt me today.

From my mistake of going on the water slide in Water Wizz too fast and then subsequently crashing into a large, hairy man in the pool at the end, I now know how to correctly go on a water slide and not get myself kicked out of a water park.

Very important lessons are learned in life, but they amount to nothing if we don't remember them. One cannot let the speed of this year erase the accomplishments and lessons of the last.

One only has one youth, one life, and it seems as if this phase of education is at a pace that I cannot recall suffering in the elementary days. Maybe I need to restock on coloring books.

But in any case, the speed of this year is not defined in what we haven't done but in what we have accomplished in that seemingly short span of time.

## the Maritimes

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# WORD ON THE STREET

What are you going to buy on Black Friday?



**" I am going to buy a washer and dryer at 2:30 in the morning for my prior boss and she is paying me to do it for her. "**

- Julia Sliwkowski, Senior



**" I am going to buy Christmas presents for other people and maybe jeans for myself. "**

- Julia Borges, Senior

**" I am going to buy presents for my kids, I have to look at Ads before I go. "**

- Barbara Baskins, Secretary

## VOICE YOUR OPINION

### BY MAIL

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### EDITORIAL POLICY

Please keep letters to the editor no longer than 250 words. Longer letters may be used as guest columns at the editor's discretion. All letters must be signed and include an address or phone number for confirmation. Letters may be edited for libelous statements, available space or factual errors.



## A five star rating for Arturo Joe's Italian Grill

by SAMANTHA LEIGHTON  
 editor

With a welcoming atmosphere, a clean environment and good food makes Arturo Joe's a must see. Once you walk in, you are immediately acknowledged by the restaurant staff with a distinguishable approach. I was taken back personally from how nicely the hostess was towards me.

Once I sat down, my waitress came to my table with a pleasant attitude, inviting me to vent upon my consuming desire.

Although it took some time to figure out what I wanted to order since there are a wide variety of choices, my waitress was extremely patient. Once I figured out what I wanted to order, the food came out in no more than 20 minutes. I recommend Arturo Joe's for any one that wants great Italian food.

From my own experience, I recommend the Angel Hair Aglio Olio. It is a delicate blend of garlic, olive

oil, and spices, with diced roasted red peppers, scallions, black olives, with your choice of pasta.

The good thing about this restaurant is everything is made fresh and nothing is pre-made, so when you don't want something on your dish, you can tell your waitress and she will tell the kitchen.

Although this is an Italian restaurant, they also have many other dishes that you can choose from. An example of this would be shrimp, veal, sandwiches, steak, and pork. There is also a variety of many different salads on the menu.

As I was finishing my meal, the manager came over to me and asked how everything was. This warm approach made me feel that the manager cared about how I experienced my necessity of eating and my opinion on the restaurant. Many restaurants do not have this great of service.

Not only does Arturo Joe's have a wide variety of choices, they also have a

gluten-free menu. You can order gluten-free pizza and pasta.

In addition to their menu, their prices are quite reasonable. They usually vary between \$8.50-\$14.50. The dishes can feed about two people, so \$14.50 for a meal is well worth it.

Since the dishes are pretty big, you will definitely be going home with left over's.

On occasions, Arturo Joe's have special events, usually in the bar. This includes karaoke, wine dinner, or cigar dinner.

One important plus about this restaurant is that when the dining room closes, you can still order food in the bar because they usually serve food until midnight or one o'clock.

Arturo Joe's is the perfect restaurant for a family dinner or a table for two. With its kind employees and its warm atmosphere, Arturo Joe's is definitely considered one of the best restaurants in Narragansett.



## A look beneath the sea

by MATT PISTACCHIO  
 editor

Disney's *Oceans* was definitely designed for IMAX and its 3D wonders.

It told the story of the soft-spoken ocean providing a medium for which menageries of life could survive.

The several feats that marine biology could encompass were emphatically on display in this film, as it captured the uniform maneuverings of a school of sardines while documenting the aesthetics of the individual horse-shoe crab.

An awe-inspiring scene takes place in this saline landscape where all members of the great blue join forces to take down the majestic sardines, with naval and aerial strikes alike.

Then the drowsiness of the lotus started to make its appearance. This odyssey of oceanic adventures was compelling to the acute and conscious viewer, who coincidentally had just ingested 3 or more.

If you are suffering from the stresses of the week and thus the lacking of slumber, watching the first half hour of this movie definitely trumps the effects of sleeping pills.

One minute I'm watching

a porpoise lumber on the shore, demanding that this film receive an Oscar, the next I'm waking up at midnight seeing the end credits.

Don't get me wrong. The action scenes of this movie are pretty intense. I wanted to cry at that sardine scene where torrents of seagulls and battalions of hungry dolphins just ravaged the creature out of sea creature for the infant sardine school.

That's not waking me up, grasping my attention.

I appreciate the built up drama from the turtle crawling on the sand, but I as the educated consumer will probably show my appreciation with mere sleeping presence. But I want, rather demand, action, and I want it in great excess.

That is entertainment; that is why Animal Planet is still successful without the Crocodile Hunter. The game that Jeff Foxworthy-wannabes call the *Hunt* is the most natural form of entertainment that nature itself can provide as predators aspire against prey.

Don't show me the peace of the sea; show me the chaos of the ocean blue. I will stay awake for that. All I know is that I never want to see another porpoise again.

## What's your top 5 Favorite Holiday Songs



Leah Fiorey

1. Grandma got run over by a reindeer



2. Lil Drummer Boy



3. Jingle Bell rock



4. Rockin' round the X-mas tree



5. Silver Bells



## Coming to a theatre near you ...

December 10, 2010

- The Tourist
- The Fighter

December 17, 2010

- Yogi Bear

December 22, 2010

- Little Fockers
- Country Strong
- Gulliver's Travels
- Somewhere



## Boys' basketball sees promise in new season

by MARK MURPHY  
reporter

Expectations are very high for the boys basketball team this season, with many players returning they could make the playoffs this year. The young talent and deep bench could provide a spark for the mariner offense.

To senior players looking forward to the new basketball season they have high expectations for this year. With 5 seniors returning they will provide leadership for some of their young talent.

"I would like to make the playoffs but more importantly go into the season with no pressures and have a couple of big wins so we can gain momentum for when we play some more competitive teams," Billy Byrne senior said.

To gain this momentum the boys basketball team will need to run a very efficient offense to compete with the speed in the division. "I think we are going to be almost like a run n' gun type of team, we are just going to run the floor as much and as fast as possible," Billy Byrne senior said.

The mariners are going to have tough competition this year. "Well West Warwick has Max Matroni and West-erly has Zach Wells which are two dominate players in the division who are going to be difficult to defend but I think we will be able to match up with them," Brad Loomis, senior said.

All teams have strong and weak points. "I believe we are fast and are one of the most conditioned teams in the division this will help us because in the second

half we will still be running while other teams will be slowing down," Brad Loomis stated.

"Our weak point is we have to develop team chemistry, every team in the division will have talent it just matters who can put it all together on the floor, and we will have to develop chemistry to one of the more competitive teams because we have the talent," Byrne said.

Nevertheless the mariners have a very deep bench with a lot of young talent. Hopefully the bench players can replace some of the scoring lost by the departure of graduated senior Austin Shepard, the team's top scorer last season.. The mariners have high expectations for themselves this season, it will be very interesting and exciting to see how the season turns out.

## Cheerleading prepares for new inside season

by ANNA KYLE  
reporter

As fall football cheerleading comes to an end the competition cheerleaders are ready to begin their season. With talented cheerleaders and a dedicated coach, they have high hopes of doing just as well, if not better as the previous competition cheerleading team.

Raven Radkiewich, junior, has been cheering with the Narragansett High School competition team for the last two years. She is optimistic about winning Small Division States this year just as they did last year.

Mairin Cunnie, junior, is a cheerleader for both football and competition cheerleading and is ready to contribute to the cause this year.

"Although we lost a lot of valuable seniors that were great assets to the team, I think we have a good chance of doing well this season because we have some talented freshmen," Cunnie said.

Twenty girls are accepted on the competition cheerleading team. Both Radkiewich and Cunnie said that tryouts are difficult. Everyone has something that they can contribute to the team in a different way; some of the girls that get cut have wonderful talent.

Tiffany Henson, freshman, is a first year Narragansett High School competition cheerleader and is excited to begin her high school cheering career.

"I competed in seventh grade but I know it's going to be a lot different,

high school competition cheerleading is taken seriously and being a freshman I will be under a lot of pressure from the upperclassmen," Henson said.

Henson has goals of making the team more cooperative and spirited. Radkiewich and Cunnie strongly agree, but also want to accomplish full team back handsprings which will allow the team to gain more points for tumbling.

The upperclassmen have high expectations of the underclassmen cheerleaders. Henson says the upperclassmen put a lot of pressure on them, but they are very helpful because they are more experienced and know how to make them a better team.

Radkiewich, Cunnie, and Henson are all very excited about the new routine, they say it's difficult and complicated but since they are getting a head start they will be prepared for their first competition.

"I think the freshmen will do a great job. Everyone went through being a freshman and they had success, as long as we work hard and put all our effort into it," Cunnie said.

Radkiewich and Cunnie are excited to see how the team turns out. They hope to bring home another win for Small Division States.

As the season begins the team is very excited to compete and perform their routine in front of an audience at their competitions this winter and spring.

### CHAMPS

Carla Porrás, sophomore, held steadfast for the lady mariners as victory became a reality.

The goal was assisted by Maggie Salomone, sophomore, as the two chomped away at the middle town defense, finally breaking one free.

Jackie Iannucci, junior, finished out as the MVP of the game. As a midfielder she dominated both sides of the field, making her an

obvious choice.

The first period of the game ended in a deadlock, as both teams failed to take advantage of goal opportunities.

The mariner defense was lead by senior captain Katie Riley and the play of the stingy defense. Junior goalie Elizabeth Castro had her most important clean sheet of her life.

The dominance the lady mariners defense displayed allowed the single goal to be enough to win the game

and state title.

Senior captain Julia Sliwkowski and Junior Emily Wright both played the way you expect captains play showing their great leadership skills on the pitch.

By watching just one game of the lady mariners in action you can see that they really have great team chemistry, and that might of won them the state championship.

"Our team is more than just a team it is a family, we work so well together.

We play as a team not just a group of players" Sliwkowski added.

That couldn't be more true when watching them play you can see how well all the players work with each other, the way the pass to an empty spot but a teammate ends up running in to pick up the ball. It's like they can see what their teammates are thinking.

Head coach Kathryn Mahoney might be the happiest out of all the players on her team, being a member

of the last mariners girl soccer team to win a state title in 1999.

When asked of Mahoneys importance to the team Sliwkowski said "she does a lot for our team she kept us from getting over confident and losing our head".

The lady mariners should have a strong chance of winning another championship with the strong core of returning players they have. The team will only be losing two seniors that started this year.